



FILLER AFTERCARE

- Use Arnica cream for bruising
- Do not expose bruising to sunlight or tanning beds as this could cause pigmentation
- No make up for 24 hours
- Avoid touching the area for 12 hours unless hands are clean
- No travel by plane for 7 days post treatment
- Avoid alcohol for 48 hours after treatment
- Avoid aspirin, ibuprofen and vitamin E for 48 hours after

Lumps

Lumps can be present for up to 2 weeks post treatment, this is normal. You will have a check up appointment at this point so if there are any remaining lumps you can bring this up to your injector. You can massage lumps, use a hot compress and then apply Vaseline and give the area a good massage.

Complications

As stated in the consent forms, in very rare occasions blockages can occur. A blockage is known as a Vascular Occlusion (VO). This is very unlikely to happen but if it does it requires immediate action. In the majority of VO's it will be immediately obvious and your injector will see the signs and act accordingly. In some cases, the onset of symptoms can be delayed. It is important that you look out for these signs in the few days after your treatment.

- Dipropionate or excessive pain – a pain that outweighs the treatment performed or pain out with the injection sites.
- Bruising – blue or black bruising or bruising that is dusky in colour or mottled.
- Discolouration – the surrounding skin.
- White patches – known as blanching.
- Cold- the treated area may feel cold to touch or have a cold sensation.

Please get in touch asap if you have any concerns 07393747887.