



LIP BLUSHING AFTER CARE

The healing process is unique for every individual, but here are some general guidelines.

Days 1-4

During the first 4 days of healing, beginning immediately after your tattoo, you may experience the following symptoms: Swelling and redness, Tenderness, Flaking, Mild itchiness, and Dry skin (may remain for up to 3 weeks).

Days 3-5

Light flaking/peeling of the skin on the lips will begin during days 3-5. DO NOT PICK, PEEL OR RUB your lips as this may prematurely remove colour which will cause your lips to heal unevenly. Allow the colour to flake away by itself.

Follow these instructions

- Always wash your hands before touching or cleaning your lips.
- Apply the provided healing balm regularly using a clean, disposable cotton bud/Q-tip.
- Do not splash-wash your face, clean around your lips.
- Clean your lips twice daily with damp cotton pads (using sterile water).
- If your lips get wet accidentally, gently pat the area dry using a clean tissue.
- Avoid spicy/salty foods for at least 3 days.
- Drink only through a straw for 3 days.
- Do not apply makeup on your lips or near your lips for a minimum of 5 days.
- No kissing for a minimum of 5 days to prevent infection.
- Do not participate in any skincare/beauty treatments for a minimum of 5 days after your tattoo.
- Do not expose your lips to direct sunlight, tanning treatments, jacuzzis, saunas, saltwater, chlorinated pools, or direct shower spray for 14 days.
- Do not bleach, wax, perform electrolysis or laser hair removal treatments close to your lips for 14 days.
- Do not use lip-plumping products for 14 days.
- Do not receive lip filler/enhancements for 14 days.

Important notes

If you suffer or have ever suffered from cold sores, use an anti-herpes medication (such as Zovirax) 5 times daily for a period of 1 week, or Acyclovir tablets a few days before and after your tattoo. If a cold sore outbreak does occur, it will generally begin on day 3 of the healing process. This is not caused by your tattoo or your artist. Herpes lies dormant in the nervous system forever and can reappear if you are exposed to trauma.

Remember, your selected color will be stronger and more sharply defined immediately after your tattoo. The next day, your lips will appear darker in color. After the skin has flaked/peeled away from your lips (during days 3-5) your lips will appear as if little or no color is present. This is normal and part of the healing process. In the 3 weeks following this, the color will blossom into a considerably softer version of the original color.

The approximate healing period is 14 days, however, healing can be prolonged if your immune system is compromised or if you are generally stressed, or by poor diet. Keep in mind that in many cases, some unevenness of color is to be expected. This is why we book a touch-up appointment - allowing us to fine-tune your lip tattoo.

Long term care

- Use sunscreen on your lips every day. Sun exposure will gradually fade your lip tattoo.
- Keep your lips hydrated 24/7.
- If you are planning a chemical peel, laser, or IPL/hair removal on your face, or an MRI scan, please inform the technician of your lip tattoo.
- Please inform the National Blood Service if you donate blood, as you may not be eligible to give blood for 4 months post-application.