



# MICROBLADING AFTERCARE

## **What to do on the day of your treatment**

Use cooled boiled water to clean your brows every 2 hours, do this with cotton pads. After each cleanse apply a small amount of the aftercare cream - Bepanthen. This is a thick ointment and only a thin layer is needed. Repeat these 2 steps until bedtime, you do not need to get up and continue through the night.

## **Day 1 post treatment**

You no longer need to wash your brows.

From today you only apply the cream, apply as often as you feel you need it there is no set time scale as everyone's skin is different. Go by your skins needs but generally you will apply every few hours in the beginning and less often as the time goes on. I find those with oilier skin do not need to use the aftercare much but those who are drier skinned. You need to avoid getting your brows wet for the next 10 days. Use a face cloth or wipes when cleaning your face to avoid splashing water onto the brows and find a way to keep them dry while you shower. Try bringing the shower head down so you have more control of the water or tilt your head back when washing your hair. You can also try applying some of the aftercare then putting some clingfilm over the top, this will act as a barrier.

## **Day 1 post treatment**

You can wear your usual make up or face cream etc as normal but you must leave a gap between the product and your new brows. Nothing can touch the brows (apart from the aftercare) for 2 weeks.

After 2 weeks you can wear make up on the brows again or have them waxed/tinted.

No swimming, saunas, steam room or hot tubs for 2 weeks.

Avoid the gym or excessive exercise for 3 days.

Avoid touching the brows without clean hands in the beginning.

Its not likely the brows will scab but if they do you cannot pick.  
Keep foundation away from the brows. The pigment sits under the skin and so any foundation applied over them will make them look dull and faded.

### **What to expect**

The brows will go through several stages before they heal. First is the dark and intense stage and you may feel they look a bit much, it will pass. This can typically between 5 and 7 days. Next will come a stage where the brows look very light and faded, this is normal. Around this time, you might experience some light flaking of the skin, this is also normal. Around 4 weeks after the treatment the brows will pop back out and come back to life. At 6 weeks your welcome back for a touch up if there are any areas that fade out during the healing process.